



8 WEEK CHALLENGE

**new year
new you**



**STARTS
5/2/18**

**16 x super-sessions for super-charged results
2 dedicated Trainers to guide you from start to finish
8 x Saturday sessions to fast track your fitness**

**Fitness and nutrition tracking • Closed Facebook group
Recipes, meal plans, nutritional guidance**

Mini-challenges to keep you on track • Awesome prizes to be won

ALL THIS FOR \$250! LIMITED SPACES. GET IN QUICK!

CONTACT WANANGKURA STADIUM FOR MORE DETAILS



WANANGKURA STADIUM

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